

# Registration for Shine OM YTT

*The journey to elevate your shine begins here!*

## **Registration Process:**

**Complete in full + include deposit please!**

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Mailing address:**  
\_\_\_\_\_

**Emergency Contact:**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
                                  m      d      y

## **Expectation of Registration Checklist:**

- Deposit (\$500) (*cheques made payable to Shine Om Inc*)
- Letter about your yoga experience (Please over a year!)
- Schedule an interview with Ann
- Provide a complete biography of yourself as a yogi
- Describe why Shine Om YTT is for you
- Answer what yoga means + your connection in it
- Provide insight into Patanjalis Yoga Sutras or some constancy of Vedic literature like the Bhagavad Gitta...what do these mean for and to you?

## **Required reading prior to start of course:**

**The Bhagavad Gitta and The Power of Myth or The Book of Awesome or The Tao of Poo or The Sacred Balance or the Happiness Project....enjoy!**