



# shine om 200HR yoga teacher training

## 2019 SCHEDULE

Thursday Sept 19	6-10pm	Friday Nov 15	8am-5:15pm	<b>Also required:</b>  <b>-Attend 4 of Ann's classes from Sept-Dec 8 (6 hours)</b>  <b>-10-class Apprenticeship program (10-15 hours)</b>  <b>-Homework (10-12 hours)</b>  <b>-Practice at studio (10 hours)</b>
Friday Sept 20	8am-5:15pm	Saturday Nov 16	8am-5pm	
Saturday Sept 21	8am-5pm	Sunday Nov 17	8am-5pm	
Sunday Sept 22	8am-5pm	Friday Nov 22	8am-5:15pm	
Friday Sept 27	8am-5:15pm			
		Thursday Dec 5	6-10pm	
Thursday Oct 17	6-10pm	Friday Dec 6	8am-5:15pm	
Friday Oct 18	8am-5:15pm	<b>(Written Exam)</b>		
Saturday Oct 19	8am-5pm	Saturday Dec 7	8am-5pm	
Sunday Oct 20	8am-5pm	<b>(Take Up Written Exam/Practice)</b>		
Friday Oct 25	8am-5:15pm	Sunday Dec 8	8am-5pm	
		<b>(Graduation/Puja)</b>		
Thursday Nov 14	6-10pm			

**\*\*please note all these dates are planned for your best success and full SHiNE supplementation. This does mean, closer to dates, we may alter as needed. Some Sundays will be reserved for Advanced Yoga Teacher Training, as well. You are expected to attend ALL dates. Missed dates are up to you to make up in assignment and private sessions with Ann or her assistants and will be an additional cost on top of expected yoga teacher training program cost.**

## STEP by STEP to ground your SHiNE

1. Apply online and fill out the registration form IF you are interested in polishing your yoga instruction + beginning the process to be an educator of SHiNE OM Yoga Teacher Training Level ONE. You are currently a practicing yogi of at least 1 year and have been a connected community member of BLISS Ann Green Yoga.
  2. Enjoy an in person meeting or phone call interview to see if Ann is for you. Come and play yoga with Ann in person and explore the possibility to elevate your foundations of SHiNE with this foundational certification process in becoming a yoga educator and an annbassador!
- NON refundable deposit of \$500 towards full tuition cost of \$2950 + HST due one week prior to course commencement. NOTE: A payment plan is available with NO interest rates applied. Course must be paid in full one week prior to graduation or certificate will be held until all payments are completed in full.
3. Students must complete all course requirements to the discretion and full satisfaction of the course director, in both thoroughness + completeness, as well as the full completion of attendance, pre course readings, and the afterlogue of learning through exam / video / class / assignments. Completion of course expects completion of Payment prior to Examination date. This is generally one week prior to Public Class Examination. Inability to complete all requirements including passing grade of 80% on final exam, determines a certificate of participation rather than completion, with a plan to complete to thoroughness and facilitate a journey to completion.
  4. All attendees of this course are expected, to the highest regard, conduct themselves with behaviour befitting the Eight Limb Path, ultimately Ahimsa + with great resonance to an upward spiral of positivity embodying the sankalpa of SHiNE in BLISS. Compliance to this regard also facilitates the full completion of the course and inability to resonate in this shine, limits ones completion to participation upon discretion of the course director, Ann Green.